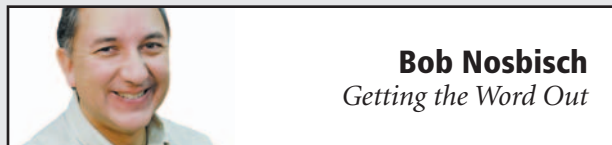


Moving public health forward

NMSU welcomes new health science leader



Bob Nosbisch
Getting the Word Out

As 2011 gets untracked, the New Mexico State University College of Health and Social Services (CHSS) is beginning the year with two new high-profile administrators and professors, both of whom are known for their respective expertise in the national arena.

One of these new hires is Dr. Mark Kittleson who now heads the college's Department of Health Science. He comes to NMSU from Southern Illinois University Carbondale, but he also has taught at Youngstown State University in Ohio and the University of Maine - Farmington. A native of Minnesota, Kittleson was awarded his Ph.D. at the University of Akron in Ohio and he earned his master's and bachelor's degrees at Minnesota State University Mankato (then Mankato State University).

Kittleson is most noted for his expertise in the use of technology within the profession of public health and health education/health promotion. Eighteen years ago, he created a large health education listserv (HEDIR) which now has nearly 2,000 members. In 1997, he created the first completely online peer-reviewed health education journal, The International Electronic Journal of Health Education.

Kittleson has published more than 80 peer-reviewed articles in various scholarly journals, has authored or edited 15 textbooks and given more than 125 national or international presentations. Additionally, he has secured more than \$1 million in outside funds. He has Fellow Status in three organizations: the American Academy of Health Behavior (he was a founding member), the American Association of Health Education (AAHE), and the American Association of Health, Physical Education, Recreation and Dance Research Consortium.

Among his many awards, Kittleson is most proud of his 2003 College of Education & Human Services Researcher of the Year (SIU), the 2008 American Association of Health Education Scholar of the Year, and more recently the 2011 HEDIR Technology Award for innovative work in technology (which will be given by the American Association of Health Education at its upcoming meeting in April).

New Mexico State University is one of only two universities in the nation with accredited undergraduate and Master of Public Health (MPH) degree programs, Kittleson said, adding that "my first goal would be to continue to maintain the rigor and quality of our undergraduate and graduate programs that have been created by my predecessors and faculty."

Another goal of Kittleson's is for New Mexico State University to offer the premier undergraduate and MPH programs in community health education in the country.

"We're not that far from this, thanks to NMSU's very strong reputation and legacy," Kittleson said. "This has made it very easy for me to step into this position. As we continue to grow, I want to oversee the development of the finest faculty representing not only research but also outstanding teaching. If we get at least two or three positions within the next two years, we could hire people who would complement our current outstanding faculty and we also would obtain skills in which we are currently needing assistance such as biostatistics and epidemiology. Also, I think we're in a perfect position to develop and implement a Ph.D. program in public health/health education. I believe this is doable within the next three years."

His third goal is to have the Department of Health Science, in collaboration with the College of Health and Social Services and the Southern Area Health Education Center, become the primary contact for people regarding any issues associated with public health.

Dr. Donna Wagner, a gerontology expert and the new associate dean for academic affairs in the College of Health and Social Services will be profiled in next week's edition of the Bulletin.

Bob Nosbisch is a senior program specialist in the College of Health and Social Services at NMSU.

“ I want to oversee the development of the finest faculty ... ”

MARK KITTLESON,
NMSU health science
department head

Challenge

Continued from page D1

I have a cup of coffee every morning, and I use a packet of artificial sweetener. So instead of cutting it out of my coffee, I'm going to work on cutting coffee altogether and switch to tea. That makes me a little sad inside, but it's a sacrifice made for a healthier body.

She also provided us with samples of a delicious organic, homemade protein bar, grocery lists and quick, easy recipes. Oh yeah, and a protein shake. This woman is amazing, and I think I can speak for all of us when I say that we're grateful to have her help with this. She definitely knows what she's talking about.

I think the best part of this challenge so far is that we not only support each other, but we've inspired others outside of the group.

I've had a couple of callers who are following along with us on their own, and I've also had generous offers from fitness professionals who would like to help us meet our goals. The most generous offer came from Dianne Sage of La Buena Vida Women's Club, who is offering free Jazzercise classes to each of the members for the next six months, simply because she was moved by what we're doing.

And there are those who are cheering on their friends, which is also a motivator. I've had at least five emails from friends of Bulletin Circulation Manager Joey Morales who are rooting for him to win the challenge. Even if they're bribed to do it, it's nice to know you have friends who care, Joey.

Email me at natisha@lascrucesbulletin.com.

Dentistry

Continued from page D1

Those who would like to receive dental care on Feb. 11 must park at nearby Young Park on Walnut Street and take the free shuttle to the dental office. The parking lot at the dental office will be unavailable for parking during Dentistry From The Heart.

Gilbert, who has been in practice in Las Cruces for more than 21 years, supports the community with other charitable events as well.

The Halloween Candy Buy-Back offers kids money for their excess Halloween sweets, which are then donated to Operation Gratitude to be sent to military personnel serving overseas. Each spring, Gilbert also provides scholarships to five high school students going into health care.

Dentistry from the Heart is a national project that has provided free dental care to more than 50,000 people since the first event in 2001. Founded by Dr. Vincent Monticciolo of Port Richey, Fla., Dentistry from the Heart is now a nonprofit organization that reaches thousands of patients each year in throughout the United States. For more information, visit www.dentistryfromtheheart.org. For more information on the Las Cruces Dentistry from the Heart event, visit www.brightstardental.blogspot.com.

“ ... we should be able to work even more efficiently here. ”

DR. BRIAN GILBERT,
Bright Star Dental

HILLRISE MEDICAL CENTER URGENT CARE

Walk-ins Welcome
Accepting New Patients

Prompt Professional Service

Services:

- Management of Chronic Disorders
- Preventive Medicine
- Women's Health
- General, Annual, Sports, Camp & DOT Physicals
- Immunizations
- Acute Care & Minor Emergencies
- CLIA Certified In-house Labs
- Digital X-rays
- Pre-employment Examinations
- Drug Screening
- Occupational Health

We take a sincere interest in your well-being and we LISTEN.
It's just good medicine!

575-521-4500 • 1005 S. Telshor #A
(near Mesilla Valley Mall) • All Insurance Accepted

Now Open
6 Days a Week
Mon.-Sat.
8 a.m. to 9 p.m.
Se Habla Español
Make your health
a priority this year!

Veronica Imoisi, MD
Board Certified in Family Medicine

Calista Animal Hospital

Proud Sponsor of our "Pet of the Week"

Jenna
Dalmation/Boxer Mix
Black/White
3 mo. old puppy
Female

Jenna is a sweet little girl who needs a fur-ever home. She is very much a puppy full of cuteness and spunk, but she also loves to spend time cuddled up in your arms. Jenna is still a tad shy, but hopes to find a loving family to give her a good home and raise her with love.

Animal Services Center of the Mesilla Valley
3551 Bataan Memorial West

Help sponsor an adoptable animal!
To sponsor call:
524-8061

To adopt call:
382-0018
or visit
petango.com/ascmv

Calista Animal Hospital
1889 Calle de Niños • www.calistaanimalhospital.com